

## Frequency

Healthy Body .....	62-78MHz
Cold Symptoms .....	58MHz
Flu Symptoms .....	57MHz
Yeast Symptoms.....	55MHz
Chronic Fatigue .....	52 MHz
Cancer Symptoms.....	42MHz

## The Power of Blends

Unlike single oils, a synergistic blend is a combination of seven or more plant oils. This complexity is more powerful and creates higher amplitudes for a broader range of benefits. Blends can be targeted to specifically address health needs such as PMS, menopausal symptoms, insomnia, circulatory problems, fatigue, and anxiety.

## Therapeutic Grade Oils

FEM Centre uses 100% unadulterated, frequency verified, therapeutic oils containing no added ingredients.

Oils extracted using chemically-based distillation methods, and most commercial therapeutic oils found in health food stores, cosmetics, and aromatherapy products, are not effective for therapeutic use. These "semi-natural" or reconstructed oils lack the same healing properties since many of the molecules are produced in a laboratory and are only partially derived from plants.

These statements have not been evaluated by the Food and Drug Administration. The dietary supplements, therapeutic oils and creams offered by the FEM Centre are not intended for use by consumers as a means to cure, treat, prevent, diagnose or mitigate any disease or medical condition.

## Benefits of Plant Oils

- Anti-inflammatory (thyme, rosemary)
- Immune system stimulator (marjoram, melissa)
- Anti-viral (oregano, basil)
- Detoxification aid (lemongrass, ginger)
- Antibacterial (tea tree, kunzea)
- Circulation assistant (cassia, balsam fir)
- Antioxidant (orange, clove)

## Safely Using Therapeutic Oils

Therapeutic oils are highly concentrated and must be used with caution. For example, it takes 70,000 rose petals to make just one drop of rose oil and the antioxidant power of 70 oranges are in just one drop of orange oil.

Continue taking all medications prescribed by your doctor while using therapeutic oils. Therapeutic oils do not interact with pharmaceuticals. Follow the safety guidelines and directions included with all therapeutic oils purchased at the FEM Centre.

Using a cold air oil diffuser increases effectiveness and surface area of oil.



### FEM Centre

709 West Leuda St. Fort Worth, TX 817-926-2511  
6221 Colleyville Blvd. Ste. 150 Colleyville, TX 817-251-6533

### Energy Health Centre

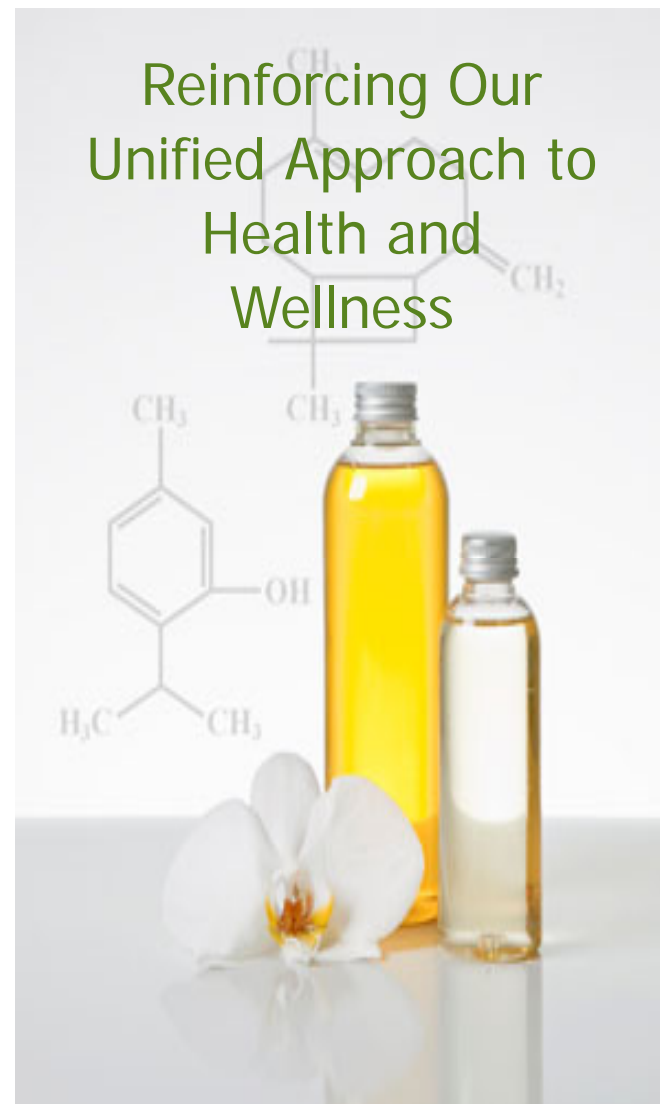
709 West Leuda St. Fort Worth, TX 817-927-5111  
6225 Colleyville Blvd. Ste. 100 Colleyville, TX 817-421-2922



# FEM Centre

# Therapeutic Oils

Reinforcing Our  
Unified Approach to  
Health and  
Wellness



## Therapeutic Oils

Therapeutic oils have been used to heal and promote health for over 5,000 years. This ancient and re-emerging science has inspired Joseph McWherter, MD, to develop a line of therapeutic oil blends specifically designed to address women's health needs.

Derived from the living elements of plants, therapeutic oils are complex, concentrated essences. These aromatic liquids protect the plant from elements in the environment (such as bacteria, viruses, and fungus) and help it to grow, regenerate, or heal when injured. These same healing properties can have far-reaching health benefits when applied to people.

Similarities between the chemical structure of therapeutic oils and human cells make them the perfect messengers to communicate with every cell membrane in the body. This lock-and-key system allows the oils to speak the language of the cell and provide their therapeutic benefits with few, if any, side effects.

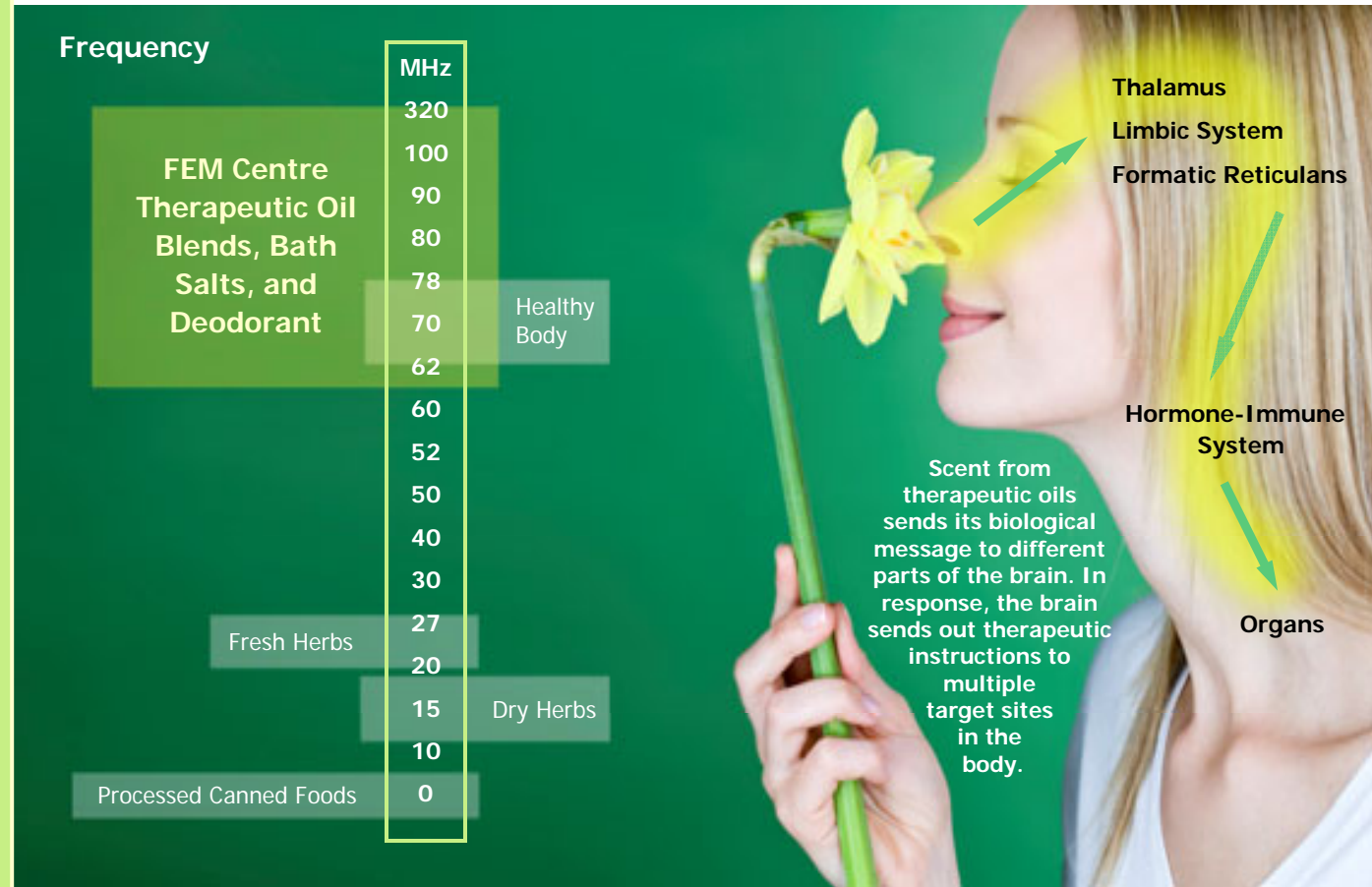
## Using Oils for Health

Scientific research has validated the many ways therapeutic oils exert their influence on physiological systems. As powerful antiviral agents, therapeutic oils such as **Cinnamon** and **Rosemary** occupy cell membrane receptor sites to prevent viruses from entering the cell. **Thyme**, a COX 2 inhibitor, helps decrease inflammation. As a chemo-preventative, **Frankincense** may be a powerful agent in the treatment of cancer by activating genes that are responsible for suppressing the growth of cancer cells. By inducing hepatic detoxifying enzymes, **Lemongrass** and **Ginger** aid in removing toxins from the body. **Geranium** and **Clary Sage** are effective in initiating cellular and tissue regeneration.

## Therapeutic Oils and Energy Medicine

Life is a form of energy that can be measured by the electrical frequency it generates in an organism. Like an EKG used to evaluate heart activity, energy medicine measures health in frequencies. A healthy person has a cellular frequency between 62-78 MHz, fresh herbs are between 20 to 27 MHz, and canned foods are 0 MHz. If the frequency of a human cell drops below 58 MHz, cold and flu symptoms may develop, and at 42 MHz cancer genesis may begin.

Clinical research demonstrates that therapeutic oils have the highest frequency of all living matter (52 MHz to 320 MHz). When we ingest a food or supplement, inhale a therapeutic oil, or rub a cream on our skin, its frequency affects us. Therapeutic oils are believed to align frequencies, which explains how they may help balance hormones, assist with detoxification, treat disease, and harmonize body systems.



*Regularly raising your frequency with Therapeutic Oils may help you*

